WELL-BEING IN NETWORKING SCHOOLS

NEWSLETTER

Co-funded by the European Union

IMPACT REPORT

Autumn 2025 - Spring 2026

The **WINS** (***Well-being in Networking Schools***) project brought together six European organisations to strengthen educators' well-being and promote healthier, more supportive school communities.

60

International Trainers

educators trained as WINS trainers across 6 partner countries

each cascading to 20+ educators nationally

96.1%

Met or Exceeded Expectations

of international training participants
37.3% said it far exceeded expectations

post-training survey · Sibiu, Romania

97.4%

Rated Training Useful

of national training participants
77.9% rated it very useful

spring 2026 · all partner countries

98.7%

Will Apply in Schools

likely or very likely to use well-being practices in daily work

87.1% want further training on the topic

IMPACT AT A GLANCE

- The impact evaluation demonstrates that the WINS project successfully achieved its objectives.
- Pre- and post-training surveys for both the international and national training activities revealed significant improvements in educators' knowledge, confidence and practical competences.
- Participants consistently reported greater readiness to apply well-being strategies in their classrooms and school communities.



WHAT CHANGED?

- The training provided educators with practical, evidence-informed tools that can be directly integrated into everyday teaching.
- Participants reported improved emotional awareness, greater confidence in supporting students' well-being, stronger stress-management skills and more effective communication.
- Many also highlighted the value of collaboration, reflection and sharing good practices with colleagues from different countries.

PARTICIPANTS' VOICE

"Sharing experiences with colleagues from different countries broadened my perspective and inspired new ideas."

"The training provided practical tools that I can immediately use in my classroom."

"The project reminded me that supporting teachers' well-being is the first step towards supporting students."

LASTING IMPACT

The project has also strengthened the capacity to promote well-being through a sustainable whole-school approach. Participants expressed a strong commitment to applying the WINS methodology in their daily work, sharing acquired practices with colleagues and continuing professional development in the field of emotional well-being, ensuring that the project's benefits extend well beyond its lifetime.

LOOKING AHEAD

With a clear roadmap, shared commitment and innovative tools in development, WINS is set to create a lasting impact on schools across Europe.

Together for well-being.
Together for the future.

OUR PARTNERS

PORTUGAL — ITALY — GREECE — FRANCE — LITHUANIA — ROMANIA