WELL-BEING IN NETWORKING SCHOOLS

# NEWSLETTER

## KICK-OFF MEETING

Co-funded by the European Union

**Bergerac, France | 4th - 5th December 2024**



**The WINS project officially started! Partners from six European countries met in Bergerac to launch a collaborative journey towards promoting well-being and happiness in schools.**

### A STRONG EUROPEAN PARTNERSHIP

Partners from Portugal, France, Italy, Greece, Romania and Lithuania introduced their institutions and roles, sharing expertise and building the foundations of a solid and collaborative partnership.

*"The process of our work is our biggest strength."*



### DEFINING VISION AND STRATEGY

- Defined objectives and priorities
- Identified target groups and impact
- Discussed the WINS App: users, features and gamification
- Established methodologies for measuring impact

Our goal: to create meaningful tools and measurable outcomes that truly make a difference in schools.

### TRAINING AND INNOVATION

We began designing the WINS **Training Programme** focused on well-being, emotional intelligence and positive psychology.

- 45 hours of training
- 3 modules on well-being
- Blended learning approach
- Train-the-Trainer model

Empowering educators to become ambassadors of well-being in their schools.



**Mark Sparvell, our external evaluator, and our Lithuanian partners joined the meeting online**

### THE WINS APP

A key milestone was the initial design of the WINS App, which will support users to:

- Assess their emotional state
- Access practical strategies for well-being
- Reflect and grow personally

The app will be available on **App Store** and **Google Play**, ensuring accessibility and scalability.

### LOOKING AHEAD

With a clear roadmap, shared commitment and innovative tools in development, WINS is set to create a lasting impact on schools across Europe.

*Together for well-being.*
*Together for the future.*

## OUR PARTNERS

PORTUGAL | ITALY | GREECE | FRANCE | LITHUANIA | ROMANIA